



The Preserve

APRIL 2023



60th Anniversary



Wenty Leagues

5th March 2023



Tony Davis talking about his dad, CMC Patron, Pedr Davis



Your 2023 Committee

Executive Committee

Terry Thompson OAM

President

VSWG, RSAC, APMC,
AHMF & RSF, CVS co-ord.

Boyd Symington

Vice President & SSC

Karen Symington

General Secretary & SSC

Kay De Luca OAM

Treasurer/Affiliations/SSC

Editor Preserve

General Committee

Lester Gough

Membership Secretary

Tony O'Donnell

SSC Chair/AHMF

Terry Bebbington

Chief Judge/Trophy Mgr.

Evan Jones

OH&S & APMC

Boyd Symington

SSC Merchant Liaison

Karen Symington

Minutes Secretary

Asst Treasurer

Allan Drane

Volunteers & Appointees

Bruno Ferro

Website Manager

Lynelle Titcume

Events/Tours Co-ordinator

Boyd Symington

Bruno Ferro

Social Media Liaison

President's Report



The 60th Anniversary Party / Event was a fantastic success thanks to the magnificent efforts of Karen, Boyd and Kay from our marvellous Committee here in CMC. I had the pleasure of telling the assembled 260 or so folks present about our history and some of the great achievements that CVVTMC/CMC have been a part of since we began way back in March 1963.

So many successes over those years ensuring that our registration systems and access to our roads have been kept available to all our clubs and their members. Now at 232 and close to 40,000. I was pleased to receive so many congratulations from those who attended the day. Somewhat unusual to receive nothing but accolades. No brickbats whatsoever and that is rare from my experience.

And now we forge on and continue to try our best on your behalf.

On that note can I tell you about the meetings I have been in recently:- The Vehicle Standards Working Group (VSWG) held a TEAMS meeting in February. Many items were on the agenda for the folks to talk through. Such things as VSI 53, seat belt fitment to vehicles which pre date anchorage points, ICV standards, brake test manual and on it goes. We just have to keep pressing for these things to be resolved ASAP however the "wheels" within Transport for NSW revolve slowly shall we say. Lots of checks have to be made.

Then on to a Historic and Classic Car Industry Working Group (HCCIWG) TEAMS meeting in March. At these events we talk through many items such as :-

- ⇒ difficulties with recent Police interpretation of the logbook rules,
 - inappropriate conditions on your Certificate of Approved Operations such as club events vs logbook entries,
 - Service NSW offices issuing incorrect number plates,
 - clarification of the rules about carrying goods on trucks and utes with HVS rego,
 - new areas on CVS rego papers to have engineering certificate numbers entered,
 - difficulty with blocked VIN numbers being cleared and on the story goes.

We are making good progress, so it is well worth our involvement. Our presence is needed to ensure that the CMC members are properly represented and other groups do not drive matters in the wrong direction.

Can I urge you and your clubs to support the clubs organizing events for the National Motoring Heritage Day in May. The events in Kurrajong, Berry and Kembla Grange that we know of so far have always been great. The concept of the day is that as many historic and classic vehicles are out on Australian roads on this one day. Making the general public aware of our hobby and how we support the maintaining of our motoring history.

.....cont'd

President's Report (continued)

And then we head towards the Shannons Sydney Classic at Sydney Motor Sport Park (SMSPP) on 19 and 20 August.

Changes this year will see the removal of area D next to the grandstand. This has to happen due to the potential expansion of construction works in that area. It also removes the issue of disabled access from the public carpark to the main pit area inside the track.

Hence we lose a number of spaces for display of clubs and we will be expanding the area on the left when you enter the Main Gate A off Ferrers Road. This was tried last year and called area E2, but will henceforth be known as Area F. The limit looks like being 1,500 vehicles all up in the five areas A,B,C,E and now F. We have decided on limiting clubs to 20 vehicles each. This will ensure that all clubs can attend.

I am told that close to 1,300 of those spots are already booked. Getting in at the release of forms in late January was a smart move by many clubs. We have booked the carpark at Sydney Dragway next door, so that the public can park closer. The sorting out of how to get all these display vehicles out and back for their track tour will be interesting to say the least. Bigger challenges have been met, however we will be asking for extra co-operation from you and your members.

Remember that all CMC clubs can enter vehicles in the Concours Judging event on pit lane. There will be up to 12 categories and clubs can enter one vehicle in each of those. We now include a section for CVS eligible modified cars.

An attempt will be made to invite the new Minister for Transport in NSW so that we can continue the long line of Ministerial support for our event and the CMC itself. I hope the good lady will accept so we can show her the vast array of vehicles. I can tell you that Transport for NSW members of staff will be attending to answer questions and talk to you. They had a great time last year and keenly sought an invite to this year's event.

Cheers and hope to see you at our next delegates meeting on May 30th at Strathfield Golf Club.

Terry Thompson OAM
President – Council of Motor Clubs Inc

FROM THE EDITOR'S DESK

How very special was the **CMC 60th Anniversary Lunch on Sunday 5th March 2023**—everyone had an enjoyable day. We were very pleased with Wentworthville Leagues Club and their facilities. The food was exceptional and enjoyed by all. So good to see so many faces that we don't regularly see at the General Meetings.

The 60th Medallion was a stand-out—Terry Thompson's design was brought to life by our Trophy Specialists, Wholesale Trophies at North Parramatta.

Congratulations to our husband and wife team on Committee, Karen and Boyd Symington. The amount of work that these two wonderful people achieve is really amazing. Well done to the two of you.

We're holding another **Seminar for Club Registrars—on Saturday 27th May 2023 from 9.30am**. Venue: Strathfield Golf Club and lunch will be available for those interested at the conclusion of the Seminar.

Spaces are filling fast for this year's Shannons Sydney Classic. The Application Form is in this Preserve, however Areas A, B and C are already filled to capacity. Spaces are still available in Areas E and F. This year the shuttle bus will run from the Dragway into Sydney Motorsport Park, dropping passengers near Area E and then through the tunnel into Area A. **ENTRY FOR TICKET-HOLDERS WILL ONLY BE THROUGH GATE "A" AND CLUB MEMBERS MUST HAVE THEIR TICKET ATTACHED TO THE INSIDE OF THEIR WINDSCREENS OTHERWISE YOU WILL BE DENIED ENTRY—NO EXCUSES THIS YEAR PLEASE.**

If your Club is celebrating an Anniversary please contact me and advise whether it's a marque or Club Anniversary. We need to discuss whether your Club wants to put cars on Pit Lane, also I will need a half-page story and a couple of photos for an article in the August Preserve. Deadline for these articles is mid-May 2023.

Please note the CVS Update on Page 11 of this Preserve. Also note that the Postal Address for CVS Registrations is NOT TO THE CMC PO BOX. CVS Registrations go to : T. Thompson OAM, PO Box 174, Bexley NSW 2207

Cheers Kay De Luca

60th Anniversary Merchandise

CMC 60TH ANNIVERSARY MEDALLION

1963—2023

DOUBLE SIDED
PACKED IN
GREEN VELVET BOX

\$20.00 each



Medal size—70mm diameter



CMC 60TH ANNIVERSARY PENS

Printed with "CMC 60th Anniversary"

\$5.00 each



UMBRELLAS—BLACK WITH
CMC LOGO IN GOLD

STRONG & STURDY

\$20.00 EACH

ON SALE—MAY GENERAL MEETING

PROSTATE LET'S TALK
CANCER ABOUT
AWARENESS SAVING LIVES



Do you know your family history of prostate cancer?

You could be at risk of Australia's most common cancer in men.

The facts



If your father or brother have ever been diagnosed with prostate cancer, your risk of prostate cancer doubles.



If two or more close male relatives have been diagnosed, your risk increases five-fold.



If you have a family history of breast or ovarian cancer, and/or BRCA1 or 2 genes, your risk is also greater.



Other risk factors

- Your risk of prostate cancer increases as you get older.
- Prostate cancer is unique among cancers – we have not yet found a way of preventing it, and we do not know what causes it.
- Scientists have not yet found any strong links between diet and lifestyle and prostate cancer.



Be proactive about prostate cancer. Talk to your doctor about PSA Testing, and call PCFA for information and a [free info kit](#).



Call 1800 22 00 99



**Prostate Cancer
Foundation of Australia**

Help end the pain of prostate cancer.
Register to fundraise today.



fundraise.pcfa.org.au





Council of Motor Clubs
Treasurer, PO Box 4733 North Rocks NSW 2151 Australia



"SHANNONS SYDNEY CLASSIC"
Sunday 20th AUGUST 2023

CLUB REGISTRATION FORM

Please return to the above PO Box, or email cmc.nsw.finance@gmail.com by 30th June 2023

Important: If your Club hasn't renewed its Affiliation with CMC by 31/03/2023 your club is deemed unfinancial and will not be eligible to attend the Shannons Sydney Classic.

NB. PLEASE CHECK ALL ITEMS AS INCOMPLETE FORMS MAY RESULT IN YOUR CLUB BEING LEFT OUT OF TRACK RUNS OR OTHER EVENTS.

Club Name: _____

PLEASE PRINT
CLEARLY

Postal Address: _____

Club Code:

State: _____ Postcode: _____

It is essential to provide contact details for one person who will be the contact for your Club on the day.

NAME: _____ MOBILE: _____

A, B, C ARE FULL—ONLY E & F AVAILABLE.

There is **NO AREA "D"** this year due to construction zone.

We request space for _____ vehicles in AREA _____ (*maximum of 20 in any Area*).

Large Medium Small

Please circle & number one or more.

First in best dressed will apply, so early return of this Form and accuracy with numbers is critical, as no refunds given for unused stickers. Commemorative medallions will be ordered against these figures.

Anniversaries to be celebrated by your Club.

Please notify us if your Club or Marque is celebrating in 2023. See reverse of this Form showing anniversary criteria.
Email: cmc.nsw.finance@gmail.com

We need Club volunteers to assist with this Event.

Please call Karen on 0407 247 280 or Email at cmc.nsw.sec@gmail.com Lack of volunteers may require CMC hiring professionals to assist which will increase entry fees.

Payment enclosed \$ _____ being \$25/vehicle (incl. \$5 donation to Prostate Cancer Foundation).

Will your Club be entering the Concours? YES NO (circle one)

Please contact the Judging Pool at cmc.nsw.judges@gmail.com for Concours Entry Forms and a copy of the Judging Criteria. **Concours entries close on 21st July 2023.**

Please make cheques payable to **Council of Motor Clubs Inc.**

OR EFT to Bendigo Bank: 633 108 A/c No: 1233 73078 incl your Club Code as Reference

If possible, we would like to take our registered club vehicles around the track at our allocated time during the day. We understand the rules involve each club taking responsibility for the actions of its members. **No burnouts or tyre smoking, keep up with the vehicles in front, take directions from the officials. We will ensure no one overtakes any other vehicle while our group is on the track (except slow moving buses as permitted).** We understand our drive is for one and a half laps and we will assemble our vehicles at the marshalling area at the nominated time as stated in the programme.

President..... Signed

Secretary..... Signed



NATIONAL MOTORING HERITAGE DAY

Sunday 21st May 2023

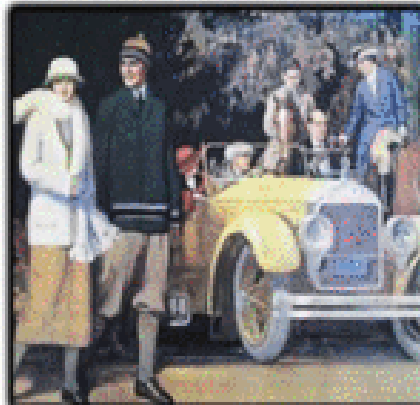
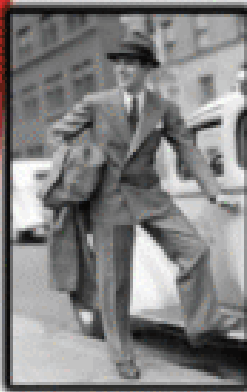
Berry Showground, Berry, NSW

7.00am-2.00pm

***Theme – Fashion & Transport
Through the Years 1900 to 1990's***

Displays of Vintage, Historic & Classic Vehicles & Bikes

- all Ages & Marques Welcome
- Awards for Best Period Clothing !



Entry

Vehicle \$10.00
Spectators \$5.00
Family \$10.00



***Cash Only at Gates
No EFTPOS***

Judging

9.00am – 12noon

Enquiries & Registration

Email – davidamullinger@gmail.com

Mobile 0417 671 107

***Car Clubs and Private Entries
must be received by 7th May***

Hosted by Shoalhaven Historic Vehicle Club Inc.

Supported by Council of Motor Clubs NSW

Shops, Restaurants, Accommodation, & Wineries – Make it a weekend in Shoalhaven

HOBBY & MOTOR SHOW

20th & 21st MAY 9am-3pm

*East Kurrajong School of Arts
Stanley Park, East Kurrajong*



Classic & Vintage Vehicles, Tractors,
Antique Tools & Machinery, Arts & Crafts,
Family & Local History, Fused Glassware,
Handmade Jewellery, LEGO Display, Plants,
Rocker Cover Races, Stamps & Coins,
Vintage Chocolate Box Display, Woodworking.

HOME MADE REFRESHMENTS & BBQ



**ENTRY Adults \$5
Kids under 15 Free**

Contact: Ann 0245 765 031
Donna 0412 931 971

www.eastkurrajonghall.com

NEXT CMC GENERAL MEETING

Tuesday 30th May 2023

AT STRATHFIELD GOLF CLUB

WEEROONA RD, STRATHFIELD

Commencing at 7.00 pm—Dinner available from 6.00 pm



2022 TONY DE LUCA “VOLUNTEER OF THE YEAR” AWARDEES WERE PRESENTED AT THE 60TH LUNCH

**Right to Left: David Livian (Winner), John Turner, (Finalist), Joanne & Jeff Wenden (Finalist)
Mark Hertz & Col Wickens Nominees**



THE TONY DE LUCA VOLUNTEER OF THE YEAR 2023

The Tony De Luca Volunteer of the Year is an award dedicated to the late Tony De Luca in recognition of the excellent service carried out by volunteers in their respective Clubs.

CMC Affiliated Clubs are requested to nominate a Club Member for the 2023 year, who they believed deserves to be recognised for their volunteering service within their Club.

All enquiries regarding VOTY are to be directed to the CMC Membership Secretary via e-mail to cmc.nsw.members@gmail.com

The CMC Committee advises that those nominees who didn't reach the Finals in 2022 are eligible to be re-nominated again this year by their respective Clubs.

REPORT ON THE 60TH ANNIVERSARY CMC LUNCHEON HELD AT THE "WENTY" LEAGUES CLUB - SUNDAY 5TH MARCH 2023 (1963-2023)

I attended as Club Delegate to the above excellent Event attended by 260 Club Representatives. Many current Motoring Club characters were present.

Upon arrival, attendees were greeted by Secretary, Karen & Boyd Symington and Terry Thompson's wife Sharon, in a most efficient manner and given name badges and table allocation.

The circular tables were decorated with name card, menu and 60th Celebration table piece. Each place had white linen napkins topped by a copy of the First CVV&TMC Committee Meeting Minutes (chaired by George Green on Friday 1 March 1963) banded by green and gold ribbon, a CMC Pen and a magnificent cased "bling" Medallion - inscripted emphasizing the CMC's 60 Years of Service 'To protecting the interests of Motor Clubs'.

The Luncheon format of entrée, mains and desserts was interspersed with presentations as follows:

MC for the gathering was Dr David Marshall-Martin who introduced Guest Speakers -

Terry Thompson OAM, President, who gave an illuminating history of the CMC and the vehicle club movement in particular, together with the pluses and minuses dealing with various Governments.

Tony Davis spoke on behalf of his father Pedr Davis, Patron of the CMC and highlighting his career in motor journalism.

Two other speakers (characters) spoke on the gradual introduction of the Veteran/Vintage number plate creation.

Kay De Luca OAM gave us a comprehensive summary of her late husband Tony's dedication and volunteering on the CMC Committee and his role at the BMC factory at Zetland. The result, of course, was the creation of the inaugural 'Tony De Luca Volunteer of the Year Awards' at which time the 2022 winners were presented to us and acclaimed by the audience.

Tom Wheelwright spoke next regarding the newly formed 'Australian Motor Heritage Foundation' AMHF and its role to collect and preserve all records of motoring and (Aviation) history in their repository for our posterity. Of importance was a survey to be distributed to all CMC Clubs to estimate their members' annual expenditure on their value and importance of the motoring movement to the Australian economy.

The event was concluded with a Cake Cutting Ceremony by the CMC Committee Members and the gathering concluded about 4.15pm.

This Luncheon was a significant historic event for our motoring fraternity and which summarized the CMC's various Committees' dedication to the wellbeing of motor clubs over the past 60 years. They give a strong voice to Governments.

May this marvelous Volunteer Committee continue from strength to strength.

Patrick Marshall-Cormack
Delegate

5 March 2023



He said, there was
no spark between
us anymore.

So I tasered him!!!

(I'll ask him again,
when he wakes up)



More 60th Anniversary Pics



Dr David Marshall-Martin was our MC for the day. David and I in the photo above are with Annette & Joe Trieste, our special guests from Wholesale Trophies. They've been supplying Trophies, Medallions and other merchandise to the CMC for almost 30 years.



Boyd & Karen Symington about to present a Thank You Gift to Terry & Sharon Thompson for their long-term guardianship of the Car Club Movement and the CMC. We really appreciate all your efforts.
THANK YOU TERRY & SHARON



A few words from me about Tony De Luca and his extraordinary contribution to various charities/organisations along with some history about his working life.



The CMC 60th Anniversary Cake decorated with the fabulous Medallion Artwork

The photo below shows the incredible expertise of Karen & Boyd Symington, who together designed and made the **27 Table Centre Pieces** at our 60th Anniversary Luncheon. Absolutely gorgeous!!

They were sold off at the end of the day with proceeds going to Prostate Cancer Foundation.



A lovely photo of Tony with BMC workmate & CMC Volunteer, John Lindsay, with the late Julie Williams in the background. Picture taken at the CMC 50th Anniversary in 2013.





Why do I need a log book?

A log book allows you to use vehicles registered under the Historic and Classic Vehicle Schemes for up to 60 days per year for maintenance and personal use (general use), outside of club-organised events.

Each day of general use must be recorded in the log book.

Who must fill in the log book?

A person responsible for the vehicle can fill in the log book. Only one log book entry is required per day, even if there are multiple drivers.

The daily entry expires at midnight on the day of the log book entry.

The person making the entry in the log book must write their full name and signature each time.

What if I get a log book part way through the existing registration year?

Days of general use are calculated pro rata based on remaining registration as per below:

Remaining registration	Number of days
Up to 3 months	15
Over 3 and up to 6 months	30
Over 6 and up to 9 months	45
Over 9 months	60

- This same calculation is applicable if a replacement log book has to be issued.
- You can use the number of days you are eligible for at your discretion throughout the registration period.
- This table is not relevant when you have a full year of registration and have opted in to the log book scheme.

When do I need to carry the log book?

The log book must be carried in the vehicle at all times when the vehicle is being used. If you are towing trailers or caravans that are registered under the Historic Scheme, separate log books are required and also must be completed and carried.

When do I need to carry the Certificate of Approved Operations?

The certificate is issued to all vehicles registered under the Historic and Classic Vehicle Schemes. It must be carried in the vehicle whenever it is in use, including when using the log book and during club organised events. As with the log book, the certificate of approved operations for trailers or caravans that are registered under the Historic Vehicle Scheme must also be carried.

Do I need to fill in the log book when driving interstate?

Yes, the rules applying to log books and club event use still apply when driving interstate. When interstate, the NSW rules must be followed.

Can I go on a long trip (multi day)?

Yes, provided that each driving day is recorded in the log book. For days when the vehicle is parked up (not driven) a log book entry is not required.

What happens if I use up all of my log book days?

If you use all of your log book days within any given year of registration, you will be limited to club runs only. When you renew your historic or classic registration, another log book will be issued and you will have another 60 days of personal use for the new 12 month period.

Historic and classic vehicle log book and club run scenario

A club run is an event that is publicised in advance, and then recorded by the club's secretary in the club's official diary or meeting minutes. It can include travel from the member's home to the event starting location and return.

Scenario: A club run is planned to go from the members' homes to a park in Merrylands, a central meeting place for all club members. From there, the club members will drive to Wollongong lighthouse and back again. No log book or log book entry is required for this club run provided it is declared to be an official club event. However, if a member decides to leave the club run and travel to Kiama before returning home, a log book entry would be required. For non-log book clubs and members, this deviation would not be permitted.

How do I opt in for a historic and classic vehicle log book?

For historic registration you must be a member of a club listed on the Transport for NSW list of recognised historic clubs, and for classic registration you must belong to a club affiliated with one of the four approved organisations.

To opt in you need to attend a Service NSW service centre and provide:

- proof of identity such as a NSW driver licence
- current Certificate of Conditional Registration (if available)
- current Certificate of Approved Operations (if available)
- and complete a change of record form.

You can opt in at any time and there is no additional cost.

What if a club has not opted in for the historic vehicle log book?

Clubs and their members that have not opted in for the log book can only use their vehicles for club runs and maintenance trips. If a club opts out of the log book, the club members are then also limited to club and maintenance runs only.

Alternatively, historic vehicle owners can join another club that is participating in the log book scheme. Participating clubs may also have club rules or bylaws relating to the use of vehicles within their club.

For more information visit the historic and classic vehicle web page <https://bit.ly/3q272qg>.

Stay informed and sign up to DRIVE, our industry newsletter for road safety and regulation updates. Visit <http://bit.ly/3ibEnyn> or scan the QR code.





Council of Motor Clubs Inc
Classic Vehicle Scheme Operations
Y0311319

PO Box 174
Bexley
NSW 2207

CLASSIC VEHICLE SCHEME (CVS)

Things have changed, so PLEASE read this.

For Club registrars – How to handle **NEW** classic vehicle scheme applications.

The CMC is an approved organisation (AO) for CVS registrations, your club members require stamps and signatures from the CMC. We are one of four such AOs and we cover all CMC member clubs for CVS registrations.

The applicant should fill in sections 1 and 2 of the Classic Vehicle Declaration (Transport NSW No. 1835).

Please do not fill in or sign section 3 of that form. That is for the AO which in this case is CMC.

The primary club, i.e., your club, should simply stamp the lower right hand box to signify that the applicant is a bona fide member of your club, and his or her vehicle is acceptable to your club.

Without that stamp, we will not process the application. The stamp should be legible for all to read, as Transport NSW is very strict on such things.

A new document has been introduced from Jan 2023. The CMC CVC Check List is now compulsory so that we know that your club and the owner of the vehicle are confirming that all is in compliance with the CVS rules and regulations. This form must be completed by the owner and the club and it must be with the set of documents when they arrive at CMC CVS department.

Transport NSW insist that to start off CVS, an AUVIS or Unregistered Vehicle Inspection Report (blue slip), must be obtained for the vehicle, no matter what registration the vehicle is currently on. This isn't our rule, it comes from Transport NSW, and you should note that not all authorised inspection stations (AIS) can do these.

When any of your fellow club members wish to register their vehicles on the CVS, please ask them NOT to send us the original of the AUVIS or blue slip. A photocopy is sufficient for our records.

This avoids the relatively expensive document going astray in the mail. Note also that they only last for 42 days, so promptness is required.

We need the Classic Vehicle Declaration (No. 1835) filled in as above, a copy of the blue slip, the new check list and the payment.

The fee is \$25.00 for the processing, and included in that is a domestic letter with tracking envelope for return to the member. This then gives us a way to find documents should they go astray.

We will no longer be providing express post envelopes as they are expensive, and there isn't a guarantee of the speed of that service anymore.

You can pay the \$25.00 fee by cheque or money order made payable to CMC CVS, or you can EFT the funds to :-

CMC CVS

BSB 633 000

Account 186322772

Please identify the payment in the reference field with a surname and initials.

The postal address is **PO Box 174 Bexley NSW 2207**

It would be wise to save this document and discard all others about CVS to avoid mix ups.

Regards,
Terry Thompson OAM
President CMC

**WHILE WE HAVE YOUR ATTENTION ON THE SUBJECT OF CVS
CLUB REGISTRARS AND ANYONE WHO WANTS CVS REGISTRATIONS
THERE IS A PO BOX ESPECIALLY FOR CVS RENEWALS**

**MR TERRY THOMPSON
PO BOX 174
BEXLEY NSW 2207**

This is the ONLY address for CVS—the PO Box at North Rocks is for general CMC correspondence only. If you send CVS to North Rocks it will take another WEEK to reach Bexley. We've been forwarding these on via Express Post BUT THAT WILL STOP. No more forwarding on by Express—IT'S UP TO YOU—PLEASE GET IT RIGHT....

Kay De Luca



**Apparently exercise
helps you with decision
making. It's true. I
went for a run this
morning and decided
I'm never going again.**

**When I lost the fingers
on my right hand in a
freak accident, I asked
the doctor if I would
still be able to write
with it. He said,
"Probably, but I
wouldn't count on it 😂"**

**I have many hidden
talents.
Just wish I could
remember where I
hid them.**



The Council of Motor Clubs

Will present another

Registrar Information Seminar

On Saturday 27th May 2023

Strathfield Golf Club

Commencing at 9.30am - Lunch is available for those interested following the Seminar.



This Seminar is primarily for Club Registrars, so if you're new at that job, you should put your name down to attend. Club Presidents/Secretaries are welcome but please limit your Club's attendance to two people. So we can assist the Golf Club with planning, please contact Karen Symington ASAP.

Email: cmc.nsw.sec@gmail.com or Mobile 0407 247 280



WHOLESALE TROPHIES

**85 FENNELL ST, NORTH PARRAMATTA
1300 876 744**

PROSTATE LET'S TALK
CANCER ABOUT
AWARENESS SAVING LIVES



Do you know what the prostate does?

Learn more about the PSA Test.

The prostate is a small gland of the male reproductive system.

In many men, it gets larger with age.

What is a PSA test?

The Prostate Specific Antigen (PSA) test is a **simple blood test** that helps identify concerns with the prostate. Monitoring PSA levels in the blood helps to detect prostate cancer early, so we can beat it.



Prostate Cancer
Foundation of Australia

Do you need a PSA test?



Do you have a family history of prostate cancer?

NO. Talk to your doctor about PSA testing starting at age 50. If you develop symptoms, talk to your doctor the same day.



YES. Talk to your doctor about PSA testing starting at age 40. If you develop symptoms, talk to your doctor the same day.



Do you know the symptoms?

Prostate cancer often has no symptoms at its earliest stages. As it grows, symptoms could include difficulty or pain when urinating or ejaculating, pain in the hips, thighs, or lower back, and blood in your urine or semen. If you experience any of these symptoms, see your doctor.



Call 1800 22 00 99

Help end the pain of prostate cancer.
Register to fundraise today.



fundraise.pcfa.org.au



Gosford Swap

SATURDAY
17th JUNE 2023

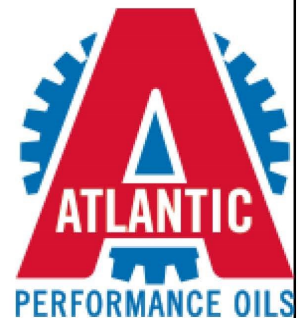


Organisers Central Coast Historic Car Club Inc

At Gosford Showground
Showground Rd, Gosford
Open and Undercover Sites
(Site size 6m X 6m)
No bookings– Gates open at 6-00am



NO DOGS!!
NO
CAMPING



Site Fee: \$15
Admission: \$5
Children under 14 Free

Hot Food and Drinks
Available
"All catering rights
Reserved"

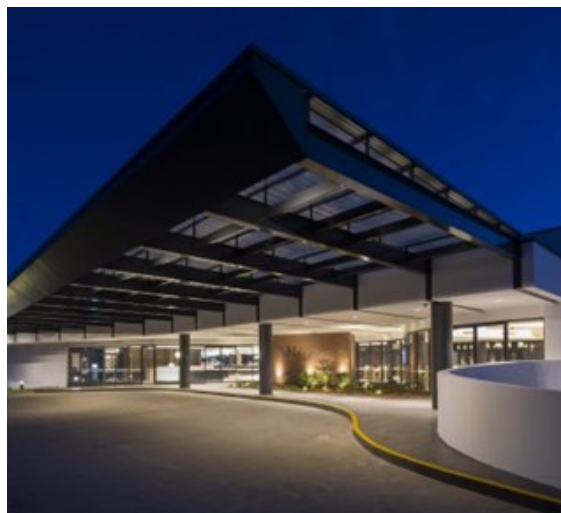
Contacts

Jim: 0413 921 020 Michael: 0415 673 766
Check facebook page for any cancellations



Level 1, 52-70 Weeroona Road, Strathfield NSW 2135

Strathfield Event Centre is located overlooking the lush greens of the newly developed Strathfield Golf Club. This state-of-the-art facility is located minutes from Olympic Park & centrally located in Sydney's Inner Western Suburbs. Holding up to 600 guests standing, the venue has 3 conference rooms, private boardrooms, viewing balcony's & outdoor balconies. Function rooms are accompanied by Pavilions Eatery Bistro and Dining, a stunning bar and members lounge.



*Dinner will be available from 6.00pm – Tea/coffee available in the Auditorium during the Meeting.
The Meetings will commence at 7.00pm.*

CMC MEETINGS FOR 2023	
Committee Meetings at Strathfield Event Centre	
General Meetings at Strathfield Event Centre	
Committee Meetings	General Meetings
Wednesday 10/05/23	Tuesday 30/05/23
Wednesday 05/07/23*	Tuesday 25/07/23
Wednesday 13/09/23	Tuesday 26/09/23
Wednesday 08/11/23	Tuesday 28/11/23

ADDRESS

29 Penny Place
Blacktown NSW 2148

OFFICE HOURS

Monday - Friday: 9:00am to 5:00pm
Saturday: 9:00am to 4:00pm
Sunday: Closed

STORAGE ACCESS

5am to 8.30pm, 7 days a week

PHONE: (02) 9671 6011



STORAGE KING BLACKTOWN

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